



Chakras For Beginners: The Ultimate Crash Course To Chakra Healing, Chakra Meditation, Chakra Balancing, Strengthen Aura & Radiate Energy (Reiki, Chakras, ... Mindfulness Meditation, Ayurveda, Yoga)

Dagny Walters

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Are You Ready To Learn A Plethora Of Chakras (100% Suitable For Beginners!)

Welcome To Chakras For Beginners!

*** * * Bonus Content Inside - Get My Future Books For FREE * * ***

The purpose of this book is to give you a complete intro to Chakras! In this book I explain in simple terms exactly WHAT a Chakra is, how they work and how they can benefit you! The Chakras presented to you in this book are 100% fool-proof and are designed for those who are looking to begin their journey with Chakras and Reiki Healing. Enjoy my friends!

If this is the very first kind of healing or mindfulness you've decided to familiarize yourself with, then you have made a great choice. Chakras are straightforward and can be enjoyed and benefited from regardless of your age or current skill level with healing!

Step By Step, No Complications!

Here's A Preview Of What You'll Learn...

- Getting Started With Chakras - Understanding What A Chakra Is And How They Work Etc.
- Simple Chakra Meditation For Beginners - Your Complete Step By Step Guide
- How To Balance The Chakras Correctly (To Ensure They're Working!)
- Healthy Habits To Assist With Balancing Your Chakras
- How To Harness The Power Of Chakras For Healing (For Beginners Of Course!)
- How To Strengthen Your Aura And Radiate Energy All Day Long
- Pranic Healing With Chakra Energy (Yep, Telepathic Healing IS Possible)
- BONUS - Future Books For Free!

- And Much, Much, More!

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Donna Bledsoe:

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Randy Acevedo:

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