



Journey Across the Life Span: Human Development and Health Promotion, 4th Edition

Elaine U. Polan, Daphne R. Taylor

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As health care delivery changes, there is a growing emphasis on health promotion, maintenance, and restoration for individuals in a variety of settings. Elaine Polan and Daphne Taylor's book addresses those needs as it guides students through the life cycle—from conception to old age. Through user-friendly chapters and new, four-color presentation, they provide LPN/LVN students with a complete review of growth and development across the lifespan.

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