



## 4 Ingredients: More Than 400 Quick, Easy, and Delicious Recipes Using 4 or Fewer Ingredients

*Kim McCosker, Rachael Bermingham*

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Imagine succulent Chicken, Butternut, and Chickpea Curry with brown rice, a light, palate-cleansing Orange and Almond Salad, and a decadent serving of warm Flourless Chocolate Cake. If this sounds like the menu for an elaborate dinner party that requires hard-to-find ingredients and endless hours in the kitchen, think again!

Internationally bestselling authors Kim McCosker and Rachael Bermingham have created more than 400 quick, easy, and delicious recipes that require only four ingredients. Inside are fantastic dishes for breakfast, lunch, dinner, and entertaining, as well as meals specially designed for children, including lunch box menus. With *4 Ingredients*, home chefs will learn how to:

- Make weeknight family dinners simple *and* special.
- Provide delicious, home-cooked meals *and* spend less money.
- Cook with fewer utensils—1 teaspoon, 1 tablespoon, and 1 measuring cup!
- Spend less time at the sink. Four ingredients for each dish means less cleanup!

Find out what home chefs all over the world have already discovered. *4 Ingredients* is perfect for the busy, budget-conscious cook.

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Spent a free time to be fun activity to accomplish! A lot of people spent their down time with their family, or their very own friends. Usually they carrying out activity like watching television, likely to beach, or picnic from the park. They actually doing same every week. Do you feel it? Do you want to something different to fill your free time/ holiday? Might be reading a book may be option to fill your free of charge time/ holiday. The first thing that you will ask may be what kinds of e-book that you should read. If you want to test look for book, may be the publication untitled 4 Ingredients: More Than 400 Quick, Easy, and Delicious Recipes Using 4 or Fewer Ingredients can be fine book to read. May be it can be best activity to you.

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