



# **In the Midst of Winter: Counseling Families, Couples, and Individuals with AIDS Infection (Revised Edition)**

*Gillian Walker*

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**"This book is a must for anyone who is doing this work, whether in the medical, nursing, social work, drug abuse, family therapy or mental health fields. There are very few professional books which have touched my soul as deeply." ?Nancy Boyd-Franklin, Ph.D. Author, *Black Families in Therapy***

The title of this book is taken from Albert Camus, who wrote, "In the midst of winter, I finally learned that there was in me an invincible summer." Indeed, the AIDS epidemic has hit like a cold blizzard in the gay community and in inner cities afflicted by high levels of drug abuse. *In the Midst of Winter* chronicles the brave struggles of families, couples, and individuals caught in that storm and speaks to their strengths, as well as to those of their therapists, even in the bleakest of circumstances. Powerful and practical, immediate and inspiring, it shows the way through the storm to the "invincible summer."

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