



# Medical Management of Type 2 Diabetes

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**Medical Management of Type 2 Diabetes** American Diabetes Association

**A complete reference book on type 2 diabetes for health care professionals**

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More than 18 million people are living with diabetes, and the majority are type 2--a group particularly at risk for cardiovascular complications. Health care practitioners will find this comprehensive resource for type 2 indispensable, providing the most up-to-date guidelines for diagnosis, treatment, glucose control, and cardiovascular disease risk factor control as well as nutrition and exercise. Professionals will find the array of treatment options for all stages in the progression of type 2 diabetes particularly useful in self-management and behavior modification strategies.

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This reference is divided into five parts:

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- Diagnosis and classification .
- Pathogenesis .
- Tools of therapy: nutrition, physical activity, pharmacology .
- Strategies for behavior change .
- Complications .

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This is a complete reference resource for diagnosing and treating people with type 2 that includes a book and CD.

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