



The Truth About Style

Stacy London

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The New York Times bestselling style guide from the cohost of *What Not to Wear*

It's clear why *Women's Wear Daily* hails Stacy London as “the Dr. Phil of fashion.” Since 2002, she's transformed hundreds of guests on TLC's hit show *What Not to Wear*. But London has more than just impeccable taste. She has a gift for seeing the core emotional issues behind a disastrous wardrobe. By sharing her own struggle with self-esteem, London illustrates how style develops confidence. Including invaluable fashion tips, advice, and a revelatory makeover section, *The Truth About Style* is for London's legion of fans—and everyone who longs to enhance and celebrate the body she has.

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