



Therapeutic Exercise: Foundations and Techniques, 4th Edition

Carolyn Kisner PT MS, LYNN COLBY

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Therapeutic Exercise: Foundations and Techniques, 4th Edition Carolyn Kisner PT MS, LYNN COLBY This text focuses on all basic therapeutic exercises used for the treatment of musculoskeletal and cardiopulmonary disorders. It covers isokinetics, soft tissue injury repair, surgical procedures, exercise rehabilitation, post-operative management and posture.



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