



The Modern American Frugal Housewife Books #1-3: Home Economics, Organic Gardening, Moms Edition

Jill b.

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Contains The Modern American Frugal Housewife Books #1-3.

Book #1: Home Economics

Are you looking for ideas on how to lower your living expenses?

Home Economics doesn't have to be difficult.

Inspired by Lydia Maria Francis Child's 1833 book, *The American Frugal Housewife*, this book is written for the MODERN American Frugal Housewife in mind.

Includes:

- Tips on how to lower insurance costs
- How to avoid bank fees
- How to reduce household costs
- How to cut your food expenses

Live more on less! Includes money-stretching recipes like: homemade bread, homemade mayo, how to make at least 3 different meals out of 1 whole chicken, how to use rolled oats to make instant oats as well as recipes for homemade cleaning products!

Book #2: Organic Gardening

Are you looking for ideas on how to lower your food costs or start a new hobby?

Why not do both at the same time and start a mini backyard homestead and create an edible garden?

Gardening is a wonderful activity and organic edible gardening is a thrifty way to help to reduce your food costs while providing you with healthy, nutritious food.

Inspired by Lydia Maria Francis Child's 1833 book, *The American Frugal Housewife*, this book is written for the MODERN American Frugal Housewife in mind.

Includes:

- Good herbs and vegetables to plant for the frugal kitchen
- How to make your own compost and compost tea
- How to make organic pesticides
- Where to find cheap or free plants and seeds
- How to save seeds for future plantings
- Recipes

Book #3: Moms Edition

Are you are new or soon-to-be mommy looking for ideas on how to lower child-rearing costs?

Having children is great but they can be expensive if you don't watch your costs.

Inspired by Lydia Maria Francis Child's 1833 book, *The American Frugal Housewife*, this book is written for the MODERN American Frugal Housewife in mind.

Includes:

- Ideas on how to save on pre-natal costs.

- How to get free or cheap formula if you're not breastfeeding.
- Reduce your chemical load - Includes recipes on how to make DIY personal care products like soap and lip balm.

This book will also teach you extreme couponing techniques to get the best or even money making deals at stores like Target (for food, diapers and more), Staples (for school supplies) and Kohl's (for clothes and household items).

Bonus: An extra tip on where you can get BRAND NEW age-appropriate books sent to your child (under age 5) every month for FREE!

Wait no longer! Scroll up and order this book today!

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