



The Soul Discovery Coloring Book: Noodle, Doodle, and Scribble Your Way to an Extraordinary Life

Janet Conner

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In *Writing Down Your Soul*, Janet Conner introduced tools to teach readers how to connect to the voice within where soul knowledge and spiritual breakthroughs occur: "If you want to engage in a vibrant conversation with the wisdom that dwells just a hair below your conscious awareness, write. Write every day, at approximately the same time, with passion, honesty, and the intention of speaking with and listening to the voice within." As a natural extension and follow-up to *Writing Down Your Soul*, here is a companion coloring book that offers a powerful catalyst for accessing the knowledge already deep within you.

Structured around 22 key questions to ignite the imagination, such as "When I look out, what do I see?" "When I look in, what do I see?" and "If I could create the perfect gate to my extraordinary life, what would it look like?" *The Soul Discovery Coloring Book* invites readers to:

- Noodle: use silence, reflection, staring off into space, allowing images to come
- Doodle: not drawing to replicate, but allowing
- Color: allowing the colors to choose you
- Scribble or soul write: scribbling because when we soul write we write fast and messy to get ahead of our conscious mind

For each of the 22 key questions there are 4 pages: the first poses and explores the question and provides an image to color, the second provides an image to color plus space to scribble and doodle, the third offers a quote or small inspiration design for free drawing, and the fourth offers blank space to allow the reader to complete their exploration through writing or coloring.

Adult coloring books are all the rage and *The Soul Discovery Coloring Book* comes with the added benefit of helping readers to reach deep within themselves to connect with the divine. The result? The reader not only colors a beautiful picture, but also creates a beautiful life.

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This The Soul Discovery Coloring Book: Noodle, Doodle, and Scribble Your Way to an Extraordinary Life is great guide for you because the content which can be full of information for you who always deal with world and possess to make decision every minute. This specific book reveal it information accurately using great manage word or we can declare no rambling sentences inside it. So if you are read it hurriedly you can have whole info in it. Doesn't mean it only provides you with straight forward sentences but difficult core information with lovely delivering sentences. Having The Soul Discovery Coloring Book: Noodle, Doodle, and Scribble Your Way to an Extraordinary Life in your hand like having the world in your arm, info in it is not ridiculous one particular. We can say that no publication that offer you world with ten or fifteen minute right but this e-book already do that. So , this can be good reading book. Heya Mr. and Mrs. active do you still doubt this?

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this period of time, many ways to get whatever we would like. Likewise word says, many ways to reach Chinese's country. Therefore this The Soul Discovery Coloring Book: Noodle, Doodle, and Scribble Your Way to an Extraordinary Life can make you experience more interested to read.

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