



How To Get Over A Breakup - Breakup Survivor System

Stephen Stewart Nixon

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The Break-Up Survivor System is a practical guide to getting over a relationship break-up. It helps you understand what's happening to you, explains why it's happening and most importantly shows you how to feel better. By being proactive you can avoid the trial and error of the natural healing process and accelerate your recovery. Learn how to develop the right attitude, decide what you really want, find your inner strength, get the best out of your support, overcome your emotional pain, neutralize any power your ex-partner has over you and discover your life's passion. The exercises and techniques you'll learn in this e-book can immediately help you feel better and ensure you recover as quickly as possible. Further explanations and support are available on the Breakup Survivor System website

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