



Peace & Parsnips: Vegan Cooking for Everyone

Lee Watson

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A down-to-earth, yet creative and fun-loving cookbook from a tremendously personable, truly global vegan chef

Be amazed at the incredible flavors in over 150 recipes that vegan pros *and* newbies will be thrilled to try—without fussy ingredients but *with* a global consciousness.

In *Peace & Parsnips*, world-wandering chef Lee Watson shares an astonishing array of hearty, healthy recipes—and happy stories! With unstinting resourcefulness and charm, he shows how to make the most of every ingredient. Get set to savor:

- Zen Noodle Broth
- Braised Cauliflower and Green Lentil Tabbouleh
- Portobello Pecan Burgers with Roasted Pumpkin Wedges
- Rustic Apple and Whisky Marmalade Tart
- Raw Blueberry and Macadamia Cheesecake, and more!

Watson is an evangelist for food that delivers nutrition, “packs your belly with goodness,” and proves how varied, cost effective, and appealing vegan cooking can be—for *everyone*.

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