



Counseling in Communication Disorders: A Wellness Perspective

Audrey L. Holland, Ryan L. Nelson

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This highly regarded textbook for graduate counseling courses in speech-language pathology and audiology programs introduces counseling skills based on the model of positive psychology, a rapidly growing branch of psychology that focuses on mental health and well-being and how to achieve and maintain these states. By incorporating the key elements of positive psychology into clinical practice, speech pathologists and audiologists can more effectively help patients live productively and successfully with their communication problems.

The authors offer examples, exercises, and specific techniques for working with individuals and families who have communication disorders acquired in adulthood, for working with parents of children with catastrophic conditions that are present at birth, and for working both with children and families of those whose communication disorders are incurred in childhood or adolescence. In addition, they also feature one-on-one activities and model workshop examples for use with groups.



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