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Teaching athletes to improve their performance is the essence of sports coaching. In response to new government-led initiatives to invest in and develop coaching, this book is the first introduction to pedagogical theory for coaching. Bringing helpful insights from educational theory to bear on coaching practice, *The Sports Coach as Educator* expands and enriches the role of the coach and allows professionals to approach their work in new and inventive ways. Exploring the nature of coaching, this text covers:

- educational concepts in coaching
- coaching, teaching and leadership
- athletes' learning
- coaching communities and the social process
- reflective practice
- mentoring
- developing expert coaches.

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